

Heart of the West District Newsletter

Fellow Heart of The West Civitans

As the 2018-2019 Civitan year is winding down and our final newsletter is being prepared, I feel a little sad, as my year as your Governor is coming to an end.

It has been such an honor for me to serve as your Governor! I appreciate all the love and support I have received from all of you, my Civitan family, members of the HOTW district!



As this Civitan year winds down, I am also happy because our district is doing great things! We have chartered a new junior community Civitan club in Idaho

Falls, an All Inclusive club in Phoenix, and a club in Arco Idaho! Wow, 3 new clubs!

Thank you to all the hard working “club builders”!

As of 8/31, HOTW is leading in the percent of our leaders sponsoring a member

this year and earning their LST pin! If you are an officer and have not yet sponsored a member, there is still time to earn that pin.

We have had the first club in all of International to reach the Shropshire level of 150+ members! Congratulations Idaho Falls Club!

Even after losing a club this year, we are showing a great net gain in membership. Thanks to all of you who have “asked” someone to join our great organization.

We had a great district convention in Idaho Falls, with 100+ in attendance.

Our International President, Bob Jones and his lovely wife, Judy, honored us as our guests and Bob installed our 2019-2020 district officers. District honor keys were awarded to two very well deserving individuals, Michael Ryder of Las Vegas, Civitan On The Greens Club and John McAfee from Idaho Falls Civitan Club.

I know I have said it before, but I want to again thank my entire district board for all you have done for the district and myself this year. You have been a great team and it has been a pleasure working with you.

Keep up the good work, Heart Of The West Civitans, because of all of you our District is being noticed.

I have full confidence In Lynda Wheeler as incoming Governor, and Rocky Deschamps as incoming Governor -Elect will continue to lead this district to

great things. I ask you all to continue to support them as you have supported me.

I love the Heart of The West District and all of you.

Thanks again for a great year and the honor to serve as your Governor.

Virginia



Civitan International Director Reg. 8 Ann McCarty



Happy Fall from your Region 8 International Director!

Greenville Convention – Over 460 Civitans attended the International Convention. A bylaw amendment to clarify dues paid by Canadians was ratified.

The World Citizenship Award was given to the owners of Bitty and Beau’s coffee chain.

Frank Kelly from Missouri was elected President Elect for 2019-2020.

Three new International Board members joined the 2019-2020 board: Region 5, Canada, Pat McKinney; Region 6, Michael Morgan; Region 7, Marcia Dechand.

International Honor Key recipients were: Deborah Blaylock, Mississippi North; Robert Kircher, Florida; Patsy Perkal, Great SouthWest

Renew By 22

At the recent International Convention’s business session, the Renew by 22 effort was announced. It’s a conscious, internal effort of Civitan International to “renew” the organization to center on increasing its viability over the next three years and ensuring its sustainability for years to come. The effort includes 3 pillars of progress over that 3-year span: 1) Achieve Financial Stability – Make solid and informed financial decisions that put our influence and impact above ourselves while equipping the organization to handle any possible financial storms of the future 2) Evolve Our Membership – Open up opportunities for all generations to serve through Civitan in a changing world by being innovative yet supportive of efforts that have worked over time 3) Focus on Mission – Recommit ourselves to our cause, putting it first and foremost in everything we do. Part of Renew by 22 is a board decision to put the world headquarters building on the market, due to the fact only 1/3 of the building is currently used. In addition, the building has some maintenance issues that were not taken care of during the recent restoration. The board’s vote demonstrates a commitment to being good stewards, like putting more of the resources the organization is given to the mission rather than brick and mortar facilities. Several Past International Presidents support this effort, which you can read more about by logging onto the website www.renewby22.com.

RECOMMITMENT TO THE CIRC

In relation to the Renew by 22 initiative, the International Board of Directors in July voted to recommit to the Civitan International Research Center in some fashion, once the original pledge of \$20 million is fulfilled. The board is appointing a committee to look at the logistics of that gift as well as a promotion plan related to it. Meantime, the video produced by UAB to promote the CIRC is now available on the Civitan International Vimeo channel. It's around 15 minutes in length, and would be an excellent activity for a club meeting. Also be sure to check out the new toolkit that your world headquarters staff put together to help clubs market the great work being done at the CIRC. It's available on our website at www.civitan.org/research.

GUIDEBOOK FOR CIVITANS SERVING VULNERABLE COMMUNITIES

Civitan International has put together a new guidebook for clubs and districts when they are supporting children and people with intellectual and developmental disabilities. These are guidelines to help protect these populations, as well as our members in their duties to serve others. The guidebook includes rules such as the following:

- Creation of a "Safe Response Team" – This team is made up of a group of three staff and two volunteers. It would receive any complaints or concerns about the rules in this guidebook not being followed and/or claims of abuse or neglect
- Establishes formal process for volunteers – This includes a volunteer application/info form, a background check, and an MVR/Driver's Abstract if applicable.
- Two adult rule – Every time an event is held that is applicable to these communities, at least two adults have to be present. Basically, we're asking Civitans to avoid one on one situations.
- Windows and doors – Meeting rooms have to have windows or either doors open and we encourage Civitans to never counsel children one on one, in a closed room with no windows.
- Overnight activities – Any club or district having overnight activities with these populations should get medical release waivers filled out. This guidebook is available by contacting a World Headquarters staff or by visiting the Civitan International website. After logging onto civitan.org, click on Resources, then Member Center. Find the Junior Civitan icon and click on it. You'll find the guidebook and adjoining materials there. This tool is a reinforcer to International Policy 0246, which outlines background checks that are required for those serving people with I/DD and children. In the July 2019 International Board meeting, directors passed a revision that adds a group of people to those required to undergo motor vehicle record checks. Now builders and advisors to clubs that primarily have people with I/DD as members must seek those reviews out to serve in this way.

REVAMPED JUNIOR CIVITAN INTERNATIONAL EVENT COMING FEBRUARY 2020

Plans are underway for a revamped event for the student leaders of Junior Civitan International. The All In Summit will replace Sno-Do, and will be open to governors of Junior Civitan as well as International Board members. The Summit will take place in Birmingham and will include a one-of-a-kind service project supported by fundraising, a unique experience at the Civitan International Research Center, and some leadership skills training. Participants will still need the financial support of clubs and districts like in years past. The proceeds will go to the CIRC. In the 2018-2019 year, more than \$110 thousand was raised through Sno-Do and Dance-a-thon. We're also proud to say we have lowered the expense ratio of both events collectively by nearly 10 percent!

NEW MEMBERSHIP TEAM STAFF

Mary Frances Colley has joined Civitan International as its Senior Director of Member Relations and Strategy. Colley will supervise the Recruitment and Support team, which includes Louis Stephens, Megan Mindel and Meredith Binkley. Colley's arrival will help strengthen the efforts of world headquarters when it comes to recruiting and retaining members, specifically in North America. In addition, the recruitment and support team's responsibilities may soon be tweaked to better fit the needs of the organization for years to come.

990 forms are on the website – Member Center / Governance Int. Records, clubs need to fill after October 1, 2019.

Sept 30th is the deadline for add and deletes for this year.

Districts that have International bill dues for them will be assessed a billing fee starting October 2019: 0-499 members, \$100.00 Quarter, \$400.00 Year; 500-999 members, \$150.00 Quarter, \$600.00 Year; 1000+ members, \$200.00 Quarter, \$800.00 Year.

District will also pay a \$400.00 year Insurance fee for District activities starting January 2020. They also can get there own with proof of policy to International.

Junior Civitan Governors Update, All In Summit (replacement of Sno Do) , February 7-9, 2020, in Birmingham.

Junior International Convention, June 25-27, 2020, Tampa, Florida (Dance-A-Thon)

July 26-29, 2020, Civitan International Convention Milwaukee, Wisconsin

Junior Civitan Report

August 2019–Junior Civitan Report International Junior Civitan Convention

Past Governor, Kristen Alexander , HOTW Junior Governor Cody Crabtree, Dance Team Leader, Leah Van Horn, and John Whitby incoming HOTW Junior Chair attended the convention in Washington D.C. on June 27st -30th, 2019. Friday June 28 workshops were attended and Afternoon/Evening was Dance-a-thon. On Saturday, June 22nd Business Session, Philanthropy Session and Saturday evening was The Civis: Closing Banquet & Awards (dinner provided), Closing Activity.

Junior Civitan Fiscal began on July 1, 2019 - June 30, 2020.

Governor- Dakota (Cody) Crabtree, Academy Junior Civitan (AZ)

Deputy Governor- Leah Van Horn, Pocatello Junior Civitan (ID)

Sec-Treasurer- Ashton Ziel, Shining Stars(ID)

PR Coordinator- Colton Powell, Shining Stars,ID

Area 1 Lieutenant Governor – Madeline Butler, Academy, (AZ)

Area 2 Lieutenant Governor – ??? Las Vegas Community Club (NV)

Area 3 Lieutenant Governor –Emma Watts, Century Junior Civitan (ID)

Heart of the West Clubs:

Academy High School-#2331(Tucson, AZ) - Faculty Advisor Rosana Cumberland. Las Vegas Community Club- #2748- Advisor is Kim Anderson.

Idaho Schools and Community

Century High School- #2270-Faculty Advisor is Earla Durfee.

Pocatello High School-#1530-Faculty Advisor is George Asboe.

Highland High School-#1560- Faculty Advisor is Velda Smith.

American Falls High School- #2172-Faculty Advisor is Emily Wright.

Shining Stars Community Club-#

August 6, 2019 was the first Zoom call for all Junior Civitan Governors for “All in Summit” fundraising for Feb 2020 in Birmingham AL. August 8, 2019 will be the first Zoom call for Junior PR Coordinator/Dance-a-thon Team leader for Dance-athon at the Junior Civitan International Convention June 2020 In Tampa.

Changes to Junior Civitan

All in Summit- Formally Sno-do(See Below)

Background Checks- Chair and chaperones, volunteers

New Guidebook, volunteer forms and photo/social media release forms

All in Summit (formally Sno-Do)

Junior Civitan district and international leaders will represent the Junior Civitan organization in Birmingham, Alabama at the first ever All in Summit. Participants will enjoy a weekend full of fellowship, education, and service as they convene in the birthplace of Civitan International.

Fellowship

On Friday, February 7, 2020, guests will arrive in Birmingham and enjoy an afternoon of ice breakers and games to get to know each other. Later that evening, guests will enjoy a warm, southern welcome full of hospitality, charm, and traditional southern barbecue. Following dinner, guests will enjoy an evening of music and fun at a laidback social event.

Education

The Civitan International Research Center is a world leader in the research and clinical care of intellectual and developmental disabilities (I/DD), and other brain-related disorders. Located at the University of Alabama at Birmingham (UAB), the Civitan International Research Center is an interdisciplinary center focusing on the development of the mindbrain through a unique mission of service, education, and research.

Junior Civitan has a long-standing history of supporting the Civitan International Research Center through its many philanthropic efforts. This support has led to the breakthroughs that impact the lives of individuals all over the world and for generations to come. During the All in Summit, Junior Civitan leadership will be taken on a one-of-a-kind tour of the Civitan International Research Center and see, firsthand, how their hard work and dedication has touched the lives of so many.

Governors Update is an opportunity for Junior Civitan leaders to gather and learn from one another through engaging leadership training activities. This event includes Junior governors, Junior Civitan international board, and Junior Civitan district chairs. All in Summit chaperones are required to attend. Any vacant seats will be offered to guests through invitation only to limit distractions.

Service

All in Summit participants and guests are invited to participate in a day-long marathon of service to benefit local organizations in the Birmingham area.

For more information about the All in Summit, please contact Amy Roberts at amy@civitan.org. For more information about the Governors Update, please contact Emily Kicker at emily@civitan.org.

*Canadian participants or chaperones will adhere to International Policy 1110.3.

Information for Chaperones and District Chairs Chaperones and district chairs are responsible for covering the cost of meals and lodging at the All in Summit. Details on pricing is forthcoming.

Hotel accommodations

Hotel accommodations will be made for all Junior Civitan leadership by Civitan International. Chaperones and district chairs attending the All in Summit are required to accompany their Junior representatives throughout the entire weekend. Chaperones and district chairs will be able to take advantage of a group rate pricing for the hotel. Chaperones and district chairs are encouraged to share rooms. Chaperones and district chairs will be given an opportunity to reserve individual rooms as part of an incentive. Additional details are forthcoming.

All chaperones and district chairs are required to undergo a background check to be a part of the event and turn in proof to Civitan International. For more information on how to get one through Civitan International's new program, please contact Emily Kicker at emily@civitan.org.

*Canadian participants or chaperones will adhere to International Policy 1110.3.

Background Checks Program *Civitan International established a background check policy for volunteers in July 2016 and the policy was recently revised. It says:* Any Civitan or non-Civitan who has reached the age of majority, who is in a capacity of acting as a chaperone, monitor or in any similar capacity where they are required or expected to have regular interaction and communication with a youth attending a Civitan event, shall be required to submit to a background check every two years to include these minimum requirements:

- Government Verification of identity
- Address History
- National Criminal History Database Search
- Sex Offender Registry Search
- Local Criminal Search

The following positions or individuals shall submit to a background check:

International directors , International candidates, International Director liaison District Junior Civitan chair Sponsoring Club liaison (s) ,Club advisor, Chaperones, All In Summit (Sno-Do) volunteers, Dance-a-thon volunteers Civitan International staff .

The individual, sponsoring Civitan club or district shall bear the cost of the background checks. Civitan International will provide a program for volunteers on the club and district levels to undergo such background checks, at their own will and at the discretion of club and district leadership. Proof of background checks conducted in the district for the above-mentioned positions are required to be turned into Civitan International on an annual basis. Civitan International set up a program to help clubs and districts carry out these checks. Any of the above volunteers should go to the following website to start their own background check: https://knowmyhire.secure-screening.net/escreening/OApp_LoginEntrance.asp?mode=direct&code=CIVITV



District Liaison

As the Civitan year for 2018-2019 draws to a close, it is time to look at your contributions for the Civitan International Research Center and International.

Have you used the many opportunities to give? There are so many options, as you can see below.

Civitans at the Helm

Support for a golfer in the Breakthru Tournament at International Convention

Support of Juniors through Sno-Do and Dance-a-Thon

Joining President's Council

Becoming a part of the Civitan Charitable Gifting Program

Sponsoring a Fellow

Using SoftGiving.com

Placing and monitoring a Candy Box

Placing and monitoring a Coin Box

Participating in the Light the Way Project

Be sure to include some of these in your plans for the 2019-2020 year!

Heart of the West Club News

Area 1, Director Lyn Barefoot

Phil Schlesinger Club: President Scott Young: PS is looking forward to our Bocce tournament on September 14th. Our bowling fundraiser was a success. Our speakers on fraud and scams was received by our members with lots of questions. Our Installation and Banquet that we share with the Roadrunners is Monday 30th September.

Old Pueblo: President Robert “Bob” Shoun: Old Pueblo continues with their dance on the first Saturday of the month. September’s theme was Back to School. The Club volunteers with Special Olympics every year in whatever capacity they are needed. Usually they help serve food for Fall and Winter games.

Cresta Loma: President Cark Mangelsdorf III: Cresta Loma members spend their time with golf and donating money. They are always looking for charity tournaments to golf in.



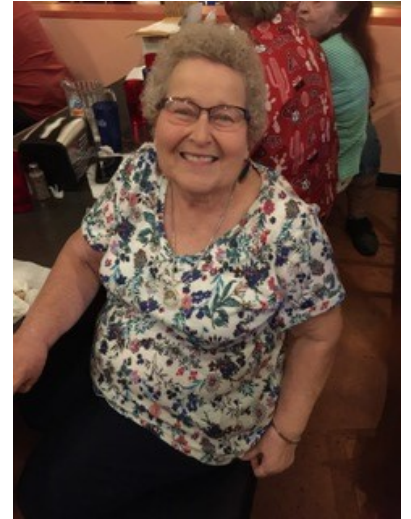
Roadrunner Club: President Jim Martens: Roadrunners won one of the drawings at International for clubs that have added members and got a coupon for initiation fees for more new members. They joined the PS Club to listen to sheriff deputies talk about scams and fraud. Members continue to volunteer at Beads of Courage once a month. On September 14, Roadrunners and Academy of Tucson Juniors will make and serve brunch to families at Ronald McDonald House. On September 30, Roadrunners will join the PS Club for their Installation Banquet. A perfect way to close out the Civilian year!

Area 2, Director Maggie Adams



Phoenix Metro: President John Maddox: Metro takes the summer off but did have a summer social. They are selling football books as a fundraiser and even provide them to other clubs to do the same! Thanks, Metro!

Phoenix Bird Club: President Dan Rich: MaryGrace Oakes, from Phoenix Metro, celebrated her birthday by hosting a party for the Bird Civitan Club at Organ Stop Pizza. Everyone had their fill of pizza and cake and danced to all the great music played by the organist!



Sun Cities: President Michelle Sniezek: Sun Cities does not meet during the summer but will be gearing up for the year in September.

The Village Club: President Jason Levy: The Village Club meets every other week. They are a very busy new club. In September they are distributing water socks and hygiene products to the homeless. In August they hosted the Phi Beta Kappa fraternity as part of the Ability USA tour and brought them lunch. They are starting a new fundraiser with funds2org. They will be collecting shoes to be repurposed to third world nations for little shopkeepers to sell so it is both fundraiser and service! At the end of September, they are having a Tai Chi speaker come. You'll hear more about their activities later in the Fall in the next newsletter!



Area 4, Director Mike Ryder



London Bridge Club: President Christine Bergen: In July, they welcomed the Ability Experience cyclists passing through Lake Havasu on their way from California to Washington DC. Formerly known as Journey of Hope, London Bridge provided lunch, Lake Havasu postcards and goodie bags as they had lunch with members and local Special Olympians. They go “Dark” for the summer and will resume meetings in September. They have one new member to be initiated in September. They are selling Football Books as a fundraiser. Member Brian Strain was inducted into the Karate Hall of Fame!

Civitan Club on the Greens: President Mike Ryder: And the golf continues. . .

Lovely Ladies: President Elaine DeFelice:



Area 5, Director DeeAnn Wilson

Bannock Civitan: President April Hansen: As usual, this Century club has been very busy! We kicked off our Revive @ 5 season on May 22nd and will continue every Wednesday night thru August 28th.

May 24, 25, and 26 was spent sprucing up Camp Taylor and enjoying a weekend of fellowship.

May 31, June 1 and 2 Civitan volunteers, camper helpers and campers with special needs enjoyed a weekend of FOOD, crafts, roasting marshmallows and having fun.

June 3-7 Civitans helped with Civitan Youth Seminar.

June 21 Civitans helped raise money for Relay for Life.

June 27 we had Civitan night at the Grays baseball game. It was a fun night of baseball and fellowship.

July 3-6 President Elect Rainbow Maldonado, President Elect Manny Maldonado, Ann McCarty, Kevin and Teresa Wakeman and Marcus Sierra represented the Bannock Civitans in Greenville, South Carolina.

July 21 Civitans prepared a meal for those in need for My Brothers Table at Trinity Episcopal Church.



Friends Civitan Club: President Skylar Cody: April: We made personal care bags for SEICCA.

May: A night of dancing and social (Prom).

June: Camp Taylor Camp Out

May-August: Revive @ Five. Selling pop, water and ice cream

June: Relay for Life - We built a Pirate Ship and Treasure chest full of gold! All the members dress as Pirates and Wenches / another evening for a great cause and all the pizza and treats you could eat.

Our Officers have *all* sponsored a new member and have received their Leadership Membership pins!

Thirteen members will be attending HOTW District Convention. Two members attended the International Convention in Greenville.

Twisted Stitches: President Teresa Wakeman: June 19, 2019 was the Relay for Life Cancer Survivors Dinner and Twisted Stitches donated 70+ crocheted or knitted Cancer Ribbons.

On Tuesday, July 16 was our summer social at Claudia Allen's at 6:30 pm. It was a great time to socialize with great food.

This summer we will continue to make hats (adult, kids, and babies), scarves, pot holders, and scrubbies. These items are always needed at Bannock Youth House, Aid for Friends, SEICAA Seniors, and now maybe the new Mental Health crisis center.

The Twisted Stitches do not meet during the summer and our next meeting will be on Wednesday, Sept 18, at 6:00 pm at the Mountain View Event Center.

Area 6, Director Rocky Deschamps



Idaho Falls: President McKayla Matlack: The Idaho Falls Civitan Club was awarded several awards including reaching the Schropshire membership award for being the first Civitan Club to reach over 150 members (sense the award was created). That is quite an accomplishment. They also received several other awards. They attended the International Civitan Convention in Greenville, SC. They continue to have weekly meetings with excellent guest speakers. Membership continues to increase each week and July 31st 2019 report lists the Idaho Falls Civitan Club official membership at 154 up from 122 on the 1st of October 2018. They completed the Idaho Falls Legacy project with the City by donating \$25,000 and labor to construct a state of the art playground featuring a climbing structure, zip line and giant swing set. They continue

to do a monthly soup kitchen project, bikes for kids, and several upcoming projects. Their weekly fundraiser “Alive After Five” continues to grow each year. Their last week they hit and a record all-time revenue of \$13,000 in sales and tips. Overall the club board meets monthly, is financially strong, meets weekly, has guest speakers, socials and provides services to the community.

Hearts and Hands: President Brent Shields: The Hearts and Hands Civitan Club continues to gain members and do great things in the community. Lately they have been fundraising helping with the Alive After Five with the Idaho Falls Club selling pop and water weekly with excellent turnout. They are up this year over other years with money raised. They have also done several service projects and socials like walking dogs and socializing with cats at the Humane Society, sorting cans at the local food bank and a barbeque and baseball game with our local professional team. Their membership sits at 36 with a starting number of 28 for the year. They meet regularly with projects or guest speaker, they have socials and are financially sound. Their advisory group recently met and planned out the next year. Officers for next year have been reported to International.



NEW CLUB! WELCOME TO THE BUTTE COUNTY CIVITAN CLUB, being chartered on September 17, 2019. Congratulations to club builders Virginia McAfee, John McAfee and Ann McCarty. Thank you to sponsoring clubs Bannock Civitan and Idaho Falls Civitan!

Civitan International Convention in Greenville, SC 7/2019



HOTW District Convention 8/2019



Board of Directors 2018-2019

Virginia McAfee virgmcafee@gmail.com (Governor)

Lynda Wheeler lyndajwheeler@me.com (Governor Elect)

Deborah Maddox maddoxdc@cox.net (Past Governor)

Kathy Spude kms1st@hotmail.com (Elected Past Governor)

John Maddox maddoxj@cox.net (Treasurer)

Karen Barker Kbarker1070@yahoo.com (Secretary)

Lyn Barefoot lynbarefoot@cox.net (Area 1 Director) - Phil Schlesinger, Old Pueblo, Cresta Loma, Roadrunner

Maggie Adams 1942farmgirl@gmail.com (Area 2 Director) - Metro-Phoenix, Sun City, Phoenix Bird, London Bridge

Mike Ryder mikaryder@msn.com (Area 4 Director) - Civitan on the Green, Lovely Ladies

DeeAnn Wilson dennys.deann@gmail.com (Area 5 Director) - Bannock, Friends, Twisted Stitches

Rocky Deschamps rockyidaho@yahoo.com (Area 6 Director/New Club Building) - Idaho Falls, Helena, Hearts & Hands

Don Bergen bergenlhc@gmail.com (Judge Advocate)

Teresa Wakeman civitanteresa08@cableone.net/teresaw@bannockcounty.com (Awards Chair/District Trainer/Junior Chair)

Deborah Maddox maddoxdc@cox.net (Fruit Cake)

Sharon Hessoun shessoun@gmail.com (District Newsletter)

Jolene Barrett-Stephens barnjole@isu.edu (Campus Club)

Kevin Wakeman kwakeman@cableone.net (Candy/Coin Box Chair)

Shayne Spude ebaycat4@gmail.com (Website)

Kristen Alexander (Jr. Civitan Governor)

McKayla Matlack mckaylamatlack@gmail.com (Meeting Planner)

Ann McCarty johnson4855@gmail.com (Region 8 Director)

