

# HEART OF THE WEST DISTRICT NEWSLETTER



August, 2016

## Governor's Message:

*Ann McCarty, 2016 Heart of the West*

Final 2016 Governor's Note:

As I finalize my last few months as Governor of the Heart of the West, the first thing that comes to mind in these last few months is that it has been the busiest and most heartwarming time.

My projects I do as a Civitan starts the end of May with our own Bannock Camp Taylor Maintenance. It is the greatest place for Civitans to work hard and play hard. We spend three days and nights preparing the camp for the campers with disabilities as well as other groups who use the camp all summer long. Maintenance includes, but not limited to, building bridges, cleaning cabins, cutting up fallen trees and painting floors and buildings. The best part of this project is that it's here in our back yard of Pocatello, Idaho in the mountains south of Scout Mountain.

The campout itself includes the Friend's Club members who help host the event with Bannock Civitans. Approximately forty people with disabilities attend the Camp Taylor Camp out.

The last week of May also brings the twelve weeks of Revive @ 5 with a free concert every Wednesday night from 5-8 pm. Bannock, Friends and Twisted Stitchers clubs work to serve beer, wine, pop, water and ice cream. Knitted items are also sold. This event *IS* the most talked about and attended in our town.

June brought the Idaho Falls and Bannock Club Civitans together for a week long club project. Club members Teresa Wakeman and Nancy Deschamp (Hearts and Hands member) coordinated the Youth Seminar Leadership Conference for students from 13-18 years of age on the campus of Idaho State University.



At a recent Junior Civitan Convention in Pocatello. Kenda Van Horn was elected Junior Civitan Governor for 2016-2017. She belongs to the Pocatello High School club. Her term begins July 1, 2016. She attended the Junior Civitan International convention in Atlanta, GA on June 23-26. She was installed as Governor by Riley Glascock at a recent Jr. Awards ceremony.



## District Clubs

Bannock  
Pocatello, Idaho

Civitan Car Club  
Las Vegas, Nevada

Civitan Club on the Greens  
Las Vegas, Nevada

Cresta Loma Golf & Civitan  
Tucson, Arizona

Desert Sun  
Yuma, Arizona

Diverse City  
Las Vegas, Nevada

Friends  
Pocatello, Idaho

Hearts & Hands  
Idaho Falls, Idaho

Helena  
Montana

Idaho Falls  
Idaho

Las Vegas  
Nevada

London Bridge  
Lake Havasu City, Arizona

Lovely Ladies  
Las Vegas, Nevada

Metro Phoenix, Inc  
Arizona

The Old Pueblo  
Tucson, Arizona

The Phil Schlesinger Club  
Tucson, Arizona

Phoenix Bird  
Arizona

Roadrunner, Inc.  
Tucson, Arizona

Sun Cities  
Arizona

Twisted Stitchers  
Pocatello, Idaho

Rocky Deschamp and I continued to meet with prospective Y.P. members in the Idaho Falls area through the months of May, June and July hoping to charter a new club by September. The prospective members even had their first project -- building a hand rail for a person with a disability.

Riley Glascock, 2015-2016 HOTW Junior Governor installed our new 2016-2017 HOTW Junior Governor Kenda Van Horn on Riley's eighteenth birthday. This helped prepare Kenda to attend the International Junior Convention in July in Atlanta, Georgia. Teresa Wakeman, Jr. Director also attended. Kenda then attended our District Convention and sold chances on the new centennial throw as a fundraiser for the juniors.

July started with Relay for Life Cancer fundraiser. Bannock and Friends club members walked in the relay and raised \$1200.00 for the event.

Then, I boarded a plane in Salt Lake City and headed to the International Civitan Convention in Norfolk, Virginia. Heart of the West Civitans had a great showing in Norfolk with sixteen members present. Several of us golfed in the International Tournament at the beautiful Golden Horseshoe Golf Course in Williamsburg, Virginia. My team played well with fellow Governor from the great southwest, Kara Scott, Past HOTW Governor, Claudia Allen, Past International Region 8 Director and Past Governor HOTW, Teresa Wakeman. We were working on coming in dead last, but Kara was a driving machine and I even got "closet to the pin". The next day at the Civitan Putt-Putt golf event, Claudia Allen won!! So we did take home a little gold. The defending International Civitan team of Carl Manglesdorf, Mike Ryder and Steve Nygren, were unable to defend the title but the rumor was, they needed Kevin Wakeman for the win and he was unable to attend.

I toured the city of Williamsburg and tasted wine at the winery in Williamsburg, partied on the Sprit of Norfolk dressed as a wench. The host for the event was the Chesapeake District. I got up early each morning to act as Sergeant of Arms at the convention doors, celebrated three HOTW member's birthdays (Shayne Spude, Ken Kundert, and Ian Barefoot) and ate Colombian food with Claudia Allen in Virginia Beach. I accepted the award for Idaho Falls for third place International Award for club newsletter. I witnessed Shayne and Claudia receive the International District website Award, and the first place International Award for Civitan Awareness by London Bridge Club of Lake Havasu.

The PS Club had the best sailor outfits of the whole convention. The tour of the naval and shipping yard was fantastic. We spent an afternoon in Saint Paul's Church and cemetery where most of the headstones dated back to the 1600's.

My favorite seminar was the Civitan Research Center forum. Dr. Percy is the best, and a true humanitarian!

If asked in a court of law, I would have to say I attended the Canadian Party. I came away with a Canadian flag and lots of gifts !ehh President Debbie Juhlke's President Appreciation party was on the ship, American Rover. Oh my, what a beautiful ship and great party. All honored officers received a marble key from Debbie and my fellow Governors gave her a clock with keys with all our names and a large stainless steel key. Every event was so awesome!!

Kendyl Massey became our International President Elect, Linda Colley became our new Region 8 International director and Lyn Barefoot was installed as our new 2016-2017 Heart of the West Governor!! As Deborah Maddox says, "YOU SHOULD BE HERE!!"



The HOTW Convention in Pocatello, Idaho was truly a great Western success with 80 Civitans in attendance. We met our restoration goal of \$5000.00 plus. We hosted a Special Revive @ 5 with great music and fellowship and Bannock Revive gave \$1000.00 to the district. We had the honor of having Mary Luck, from the International Birmingham staff as our honored guest. Linda Colley from California, (Governor) and 2016-2017 Region 8 International Director, and current International Region 8 Director, Sharron Hessoun, also were in attendance. Mary Luck was inducted into the honored Roadrunner Club, along with Claudia Allen, Dorothy Smart, and John Maddox. Three International awards were given this year, over thirty five district awards were given out, and one of our oldest district civitan members was in attendance, my mother, Thelma Mc Carty.

Lots of hee haws went out to the music of Rocky Watson as well as some twirling of skirts and kicking up of boots!!! Sunday was a day of golf hosted by Bannock Civitans. Twenty five teams, lots of Jell-O shots, and beer followed by a great dinner with awards was held in downtown Pocatello. Michael Ryder held fast to be on the last place team, but got the best darn red baroque apron ever!

Our HOTW Restoration Campaign for the Road marker at headquarters has reached our goal then some!!! Go Heart of the West Civitans (see right).

HOTW Civitans: Keep working on recruiting new members, review the guide lines for being an honor club, and make 2015-2016 your year to shine! Prepare your next year to help Celebrate 100 Years of Service! 2017 Centennial Celebration Convention Birmingham, June 24-27. Please support Lyn Barefoot as our 2016-17 HOTW Governor!

HOTW Board	\$1000.00
Bannock	\$1520.00
Idaho Falls	\$1500.00
Sun City	\$500.00
Road Runner	\$200.00
Lovely Ladies	\$250.00
Metro	\$250.00
P S Club	\$250.00
Twisted Stitchers	\$200.00
Hearts and Hands	\$200.00
Phoenix Bird	\$200.00
Friends	\$100.00
<b>TOTAL</b>	<b>\$6170.00</b>
Pledged: Las Vegas	\$250.00
Pledged: Civitans on the Green	\$100.00

I thank you for a great year!! If you have read this newsletter I thank you again. Pass the word of Civitan around the world. It is the best organization you can serve. If you don't read newsletters, check us out on face book -- I have documented my whole year on the Heart of the West Page.

Ann McCarty

Civitan was founded in 1917 by a group of professionals in Birmingham, Alabama who wanted to make a real difference in their community. They formed a volunteer service club, known as "Civitan." Since that day in 1917, Civitan has grown to a membership across 47 countries, and Civitans have made a monumental impact on the world.



For the next year, Civitans around the globe will be celebrating this centennial anniversary. This will culminate in the summer of 2017 with the centennial convention in

Birmingham, Alabama! The section of the Civitan website <http://civitan.org/centennial-celebration/> will give you a look back at the past hundred years of service. For Civitan clubs, it is also a portal for resources and information to celebrate our centennial anniversary over the next year.

## Awards

### Heart of the West Awards - Pocatello, Idaho - August 13, 2016 Award Year October 1, 2014 through September 30, 2015



	Small	Large
Outstanding Service to People with Disabilities	Roadrunner Catalina Village	Bannock Camp Taylor Camp-Out
Total Service to People with Disabilities	London Bridge Lake Havasu Special Olympics	Idaho Falls 8 Projects
Outstanding Youth Project	Las Vegas Civitan Bear Giveaway	Bannock Foster Childrens Backpack
Outstanding Community Service Project	London Bridge Journey of Hope	Friends Valentines for the Assisted Living Homes
Total Community Service Projects	London Bridge 11 Projects	Bannock 9 Projects
Outstanding Civitan Awareness	London Bridge Special Olympics Area Games	Idaho Falls Clergy Appreciation Week
Total Civitan Awareness		Bannock 8 Projects
Outstanding Fund Raising Under \$5000	Las Vegas National Finals Rodeo \$2450	Friends Selling Pop, Water Ice Cream Revive @5 \$2669.91
Fund Raising Over \$5000		Idaho Falls Alive After 5 \$53,420
Total Fund Raising		Idaho Falls 2 Projects
Total Service to Youth		Bannock 4 Projects
Outstanding President of the Year	Sharon Hessoun Roadrunner	Mystie Gilbert Friends
Outstanding Club of the Year	London Bridge	Idaho Falls

Inter Club Project	Bannock and Idaho Falls Civitan Youth Seminar
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District Civitan of the Year	Teresa Wakeman
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District Honor Key 2016	Chris Bergen Tracey Holyoak
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Governor Plaque & Honor Key 2016	Ann McCarty
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#### 2016 Convention Awards

% Club Membership at District Convention	Phil Schlesinger 27%
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Civitan Miles to District Convention	Phil Schlesinger 7504
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Host Club for District Convention	Bannock
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Total Attendance at District Convention	Bannock 24
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# Idaho Falls

<http://ifcivitan.wix.com/ifcivitan>



Alive at Five—all summer. Civitan Park upgrade of sidewalk so that facilities will be more handicap accessible. Donation of \$5,000 to Eastern Idaho Technical College (5 students received \$1000. Highway Cleanup. Bike for Kids—

\$1000 for an adaptable bike for a child with special needs (annual event), Youth Seminar with the Bannock Club at Idaho State University, Camp Out Dinner and Breakfast—Bone, Idaho; weather was “iffy”, food was great. HOTW District Convention in Pocatello. Field of Angles, a baseball game at Skyline High School for children with special needs. Tami Holmes will be the 2016-2017 President and PJ Holm will be the President Elect.



## Hearts and Hands

### Idaho Falls



There will be some very happy dogs at the Idaho Falls animal shelter. The members helped fill recycled water bottles with dog food. These bottles will keep the dogs entertained for hours.

## PS Club - - Tucson

Six members attended the Civitan International Convention in Norfolk, Virginia. Eight members attended the HOTW Convention in Pocatello, Idaho.

The swim party was a great success. Many thanks to the Garcia family for hosting.

Bocce has had some rain cancellations this summer.

Recycling fundraiser is ongoing. They keep collecting cans and plastic bottles.



## Officers

### Governor

Ann McCarty

### Governor-Elect

Lyn Barefoot

### Immediate Past

#### Governor

Claudia Allen

### Elected Past Governor

Roger Smart

### Directors:

Area 1 – Dotty Wood

Area 2 – Vicki Gwynne

Area 3 – Elaine DeFelice

Area 4 – Tracey Holyoak

Area 5 – Alicia Tauscher

Area 6 – Virginia McAfee

### Treasurer

John Maddox

### Secretary

Dorothy Smart

### Jr Civitan

Riley Glascock

### Newsletter

Connie Doerr

### Webmaster

Shayne Spude

### Judge Advocate

Don Bergen

### Awards

Teresa Wakeman

### Candy/Coin Box

Kevin Wakeman

### Fruitcake Sales

Deborah Maddox

# Twisted Stitchers—Pocatello



It's not too early to start Christmas shopping! Twisted Stitchers Civitan Club were at Revive@5 with some beautiful handmade items for sale. They use the funds to help people like homeless teens; and also to buy supplies to make items for the free clinic and the cancer center.



## Friends - - Pocatello

The Friends Civitan club is building a better world through Civitans! With a focus on the developmentally disabled, this club has made a generous donation of school supplies to Pocatello-Chubbuck School District 25 Head Start preschool annually for the past several years.

Group leaders, Teresa Wakeman and Ann McCarty, certainly help the group to provide opportunities for the member's fellowship by identifying the needs of the local Head Start program. This program has served the children and families of the Pocatello area since 1965 by providing early childhood (preschool) education to children who are both age and income eligible for Head Start services. Children who attend Head Start become school-ready so they are ready to fully embrace their kindergarten experience when the time comes. Families of Head Start children also gain skills during the year their child attends, so they are more prepared to fully support their child's education.



The notebooks, washable markers, playdough, crayons, pencils and other supplies donated by the Friends Civitan club will help support early childhood learning experiences in each of the 10 Head Start classrooms.

## Bannock - - Pocatello

<http://www.orgsites.com/id/bannockcivitans/>

May—Combined Area 5 and 6 meeting—held in Idaho Falls. Camp Taylor Maintenance. June—Camp Taylor Campout with 43 campers and 20 Civitans. Youth Seminar with Idaho Falls (48

delegates). Club members painted a house during Paint Fest week. July—Relay for Life fundraiser. Members raised \$1640. Club members painted the Born Learning Trail at Sacajawea Park. A tailgate social was held at the Gate City Gray's baseball game. August—Outdoor Golf in combination with District Convention And May through August was Revive @ 5. Awards and installation will be held in September for the 2016-2017 Bannock Civitan year.



# THANK YOU VOLUNTEERS

together, we can feed everyone



Summer events included a volunteer day at Three Square. The work they do for the hungry in the community is truly amazing. The club members put together over a thousand bags of apples and oranges to be distributed to seniors through Catholic Charities Meals on Wheels. Also this summer was the Cookie Dough Fund Raiser and a Design and Dine Social Event. We can see the artists blooming !

## Lovely Ladies—Las Vegas

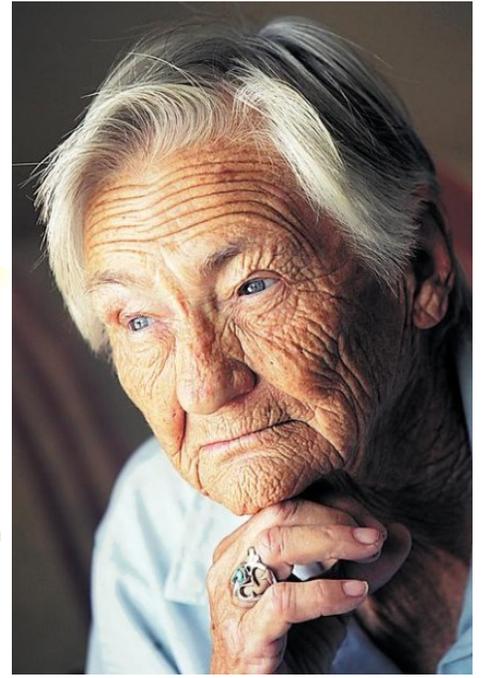


## Photo Ops



**SPOTLIGHT:** The article, written by Bonnie Henry, is about Gus Graham. I knew Gus for over 30 years as a member of the PS Civitan Club, who recently passed, and never knew any of her History. She was quite a Nurse and one tough bird.

Carl Mangelsdorf III



If you want Gussie Graham to tell you about her remarkable life, you've got to ignore the whining, licking and barking of the dozen or so dogs she "baby-sits" each day. Well worth it.

Lean and healthy at 89, Graham is at the moment going through a patch of dandelions she's picked from her backyard for a salad. "I'm studying herbs and food right now," says Graham, pausing just long enough to deliver a well-aimed squirt of water toward a barking miniature poodle. It works. Now where were we?

A former nurse, Graham has tended to the sick and wounded everywhere from war-torn London and Korea to Tucson, where she retired in 1988.

Tucson is also where she got her nurse's training at St. Mary's Hospital back in the early '40s. "There were about 18 or 19 in the class, including two boys who stayed here and worked at the VA Hospital." Not her. In January of 1943, she flew to a military hospital outside London. "The plane was jammed with soldiers, nurses and WACs," says Graham, who wore starched uniforms at the hospital, fatigues out in the field. "After the bombing raids, we would go into London looking for survivors. We found a few — and a few we wish we hadn't." Then again, she'd seen just as bad and bloody in the ER at St. Mary's. "They shoot each other here too," she says with a shrug.

Still, when asked to recount the worst case she ever encountered during wartime, she grows still and shakes her head. No. She cannot answer..

She was born in Mexico to Cherokee parents who had fled the poverty of the Oklahoma reservation by working on the railroad — her father shoveling coal into the firebox of a belching locomotive, her mother working in the cook car. "I was born in Magdalena. I just happened to delay them," Graham says. Before long, she, her parents and an older brother and sister were homesteading 640 acres in New Mexico, about 30 miles or so from Socorro.

"Our first home was a dug-out hole, what most would call a storm cellar," says Graham. By the time she was in the third grade, her parents had built an adobe house and barn. "Part of it is still there," she says. Her parents raised cattle, horses, sheep and pigs. Her mother had a garden and an orchard groaning with apples, peaches and pears. Chores were of the usual egg-gathering, cow-milking, butter-churning variety. Transportation came in the form of an old Dodge pickup. "Our fuel was moonshine," says Graham. "We made our own from a little corn." And no, she is not pulling my leg. You can indeed run a car on 190-proof hooch.

In the summer of '39, her parents lost the farm. "The government took it, shot all the cows," she says. That fall, she came west to Tucson to attend nurse's training at St. Mary's Hospital. "My mother bought my ticket and put me on a bus. When I got to Tucson, I was met by this colored lady. She fed me. She clothed me. We lived on South Park Avenue. There was nothing out there." Once here, however, Graham learned, "My education was not good enough. I had to go to Tucson High for a year."

In the summer of 1940, she did enroll at St. Mary's, living and taking her training there. A year or so later, her parents moved to Tucson, where they took over a private-home-turned-rooming-house on the southern edge of the UA campus. The rooms were filled with women following the troops soon pouring into Tucson. "The women went out with the men, but my mother told them, 'You don't bring them home here.'"

While still in nursing school, Graham married a young man she had known back in New Mexico. He, too, was stationed in England, though their paths never crossed there. By war's end, both were back in the states and living in Phoenix, where Graham found work in the labor room at Good Samaritan Hospital.

In 1950, both were called up for the Korean War. "I was there almost 10 years," says Graham, who treated wounded soldiers at M.A.S.H. units near the front lines. Ironically, hostilities had long ceased by 1958, when her husband was killed in a cannon explosion in Korea. "They were loading up the cannons to bring them back here," says Graham. She returned to the states, delivering a baby girl at Fort Sam Houston in early 1959. "My husband was killed eight months earlier. He never knew I was pregnant."

Not long after giving birth, she returned to Tucson, went back to nursing at St. Mary's, and enrolled in pre-med at the University of Arizona. But the rigors of motherhood, work, and school were too much and after about a year and a half, she gave up her classes. When St. Joseph's Hospital opened in 1961, she was one of its first nurses. Later on, she nursed at University Medical Center and finally the VA. "I was an operating-room nurse in all of them," she says. And always, a nurse to the core.

**CATEGORY 3: Knowledge, Fellowship and Club Administration**

**Knowledge – Sections A and B** (Minimum of 8 items required)

A. Speaker or Program: Description of speakers and/or club education program and the title or topic featured at club meetings:

- 1. Club Education Program/Topic: \_\_\_\_\_
- 2. Club Education Program/Topic: \_\_\_\_\_
- 3. Speaker/Topic: \_\_\_\_\_
- 4. Speaker/Topic: \_\_\_\_\_
- 5. Speaker/Topic: \_\_\_\_\_
- 6. Speaker/Topic: \_\_\_\_\_
- 7. Speaker/Topic: \_\_\_\_\_
- 8. Speaker/Topic: \_\_\_\_\_
- 9. Civitan Awareness (April): \_\_\_\_\_
- 10. Clergy Appreciation Program (February): \_\_\_\_\_

B. District/International Educational Programs: Description of meeting/seminars attended outside of regular club meetings, i.e. international seminars, international convention, district convention, district-wide meetings, area meetings, district leadership meetings, Civitan computer based education. (Required officer training is not included)

- 11. \_\_\_\_\_ Date of Meeting Attended: \_\_\_\_\_
- 12. \_\_\_\_\_ Date of Meeting Attended: \_\_\_\_\_
- 13. \_\_\_\_\_ Date of Meeting Attended: \_\_\_\_\_
- 14. \_\_\_\_\_ Date of Meeting Attended: \_\_\_\_\_

**Fellowship** (Minimum of 6 items required)

- 1. Fellowship time before/after meeting
- 2. Visits to other clubs
- 3. Greeting Cards sent to members (mail or email)
- 4. Celebrate Club/Member Anniversary
- 5. Social Activities:  Picnic/Cookout  Game Night  
 Bowling  Golf/Putting  Progressive Dinner
- 6. Additional Social Activities:  
 a. \_\_\_\_\_  
 b. \_\_\_\_\_  
 c. \_\_\_\_\_  
 d. \_\_\_\_\_

**Club Administration/Marketing/Recognition** (Minimum of 8 items required)

**Club Administration**

- 1. Club had active Board of Directors
- 2. Bulletin/newsletter published regularly
- 3. Committee chairpersons appointed
- 4. Printed agendas distributed at meetings
- 5. Membership roster published by club
- 6. Club-adopted operating budget
- 7. Banner displayed at meetings
- 8. Bell and gavel used at club meetings

**Marketing/Publicity**

- 9. Club-published marketing materials (brochures, flyers, meeting invitation cards)
- 10. Maintained club web site and updated quarterly:  
List web address: \_\_\_\_\_
- 11. Articles in local or regional newspaper or magazine and/or PSA's (TV or Radio)
- 12. Billboards placed

**Awards/Recognition**

- 13. New VIP member(s)
- 14. New Civitan Creed Club member(s)
- 15. Annual awards installation banquet date: \_\_\_\_\_

**CATEGORY 4: Civitan International Charitable Support Activities** (Minimum of 3 programs required)

- 1. Civitan Shropshire Fellow Contribution
- 2. Civitan Research Center Fellow Contribution
- 3. Civitan Sustaining Research Center Fellow Contribution
- 4. Civitan Freedom Fellow Contribution
- 5. Junior Fellow Program Contribution
- 6. Junior Research Center Fellow Program Contribution
- 7. Achieve Helmsman Level or above in Civitans at the Helm Program
- 8. Club Member(s) in President's Council
- 9. Club Member(s) in Legacy Society (Planned Gift/Will)
- 10. Junior Civitan Sno-Do Contribution
- 11. Junior Civitan Dance-a-Thon Contribution
- 12. Unrestricted Fund Contributions to Civitan International

**Completed application accepted no later than December 1<sup>st</sup> (Note: Districts may have an earlier deadline)**

**Mail or Email to Civitan International Honor Club • P. O. Box 130744, Birmingham, AL 35213-0744 USA • [awards@civitan.org](mailto:awards@civitan.org)**