

Heart of the West District Newsletter

June, 2020

Special Pandemic Issue

As with most everything in our lives during the last few months, COVID19 has affected the way this newsletter will be set up. Our wish for each of you is that you, your family and your club members have been and are currently safe and well.

From the Governor or Letters from Lynda

Hello Fellow Civitans. I took a glance back at our last HOTW news letter just to see what I last talked about. My how things have changed in just three months!!



When I last came to you, it was the end of February & first week of March. I was bouncing around Idaho... having lunch with the great Civitans of Idaho Falls, making pot holders with the talented Twisted Stitchers and judging contestants at Bannock's Indoor Golf event. I took a ride up to meet some great new Butte County Civitans in Arco and heard all the plans for clean up and projects that they had coming up in the months ahead. But earlier that day I had met up with the Hearts & Hands Civitans at Snake River Animal Shelter where they were all going to pet some cats and walk some doggies. Little did I know that I was going to meet my next "fur-ever doggie" that was looking for her "fur-ever home." It was meant to be, but not just then. She still had 8 puppies to take care of, but I could come back in three weeks to officially adopt her.

Well, before the three weeks were up, we all know what happened! We have been living in a new world... the world of ZOOM meetings, face masks, work from home orders, schools closed and parents became teachers, and wash your hands every time you touch anything! The world around us all shut down... all except essential workers, they continued to do their jobs and we owe so many THANKS to each and everyone one of you that kept us going. THANK YOU THANK YOU THANK YOU!

So, what has everyone been up to?? As we slowly get back into Civitan Life... when and where we can anyway... things are starting to look up. Places are opening up, restaurants, churches, stores, casinos, bars, maybe even some of our meeting places... and that means that Civitan will be able to get back to some of their projects and meetings also... but not until YOU are ready!

For now we have some clubs using zoom for their meetings. Let me remind you, that option is open to all clubs. Idaho Falls is on a weekly lunch Zoom call now. Bannock Civitans are going to be starting the Revive After Five in July. Metro has had a few Zoom calls both for board meetings and for fun.

Most of the clubs in our district are still not meeting due to the memberships being elderly or even our special needs clubs and all of the others that are possibly more susceptible to catching something. All I can suggest is that you do what you feel is right for your club. If you have members that are younger, not ill, and are able to continue with club projects or volunteer things like soup kitchens, then go for it... as long as you are following all of your state regulations for social distancing and group numbers. All I ask is that if you are sick, or feeling ill, DON'T go out, stay home! And everyone, PLEASE CONTINUE TO BE SAFE as we all continue to do good for Civitan.



Oh, and I did make a very quick trip back up to Idaho in early April to officially adopt "Sakari." Her name is Native American and means "sweet." She loves her new home in Arizona and fits in very well with the rest of the Wheeler zoo!

News From International Director Ann McCarty



Howdy All Civitans ! What crazy times. Not only has this virus taken several lives, but it has placed the world at a standstill and distance Civitans we are. Zoom has taken the place of greeting your fellow Civitan with a handshake or hug. Most activities canceled! But what's one year of doing our best to follow the rule! Please protect you and your family. As your Region 8 International Director and Liaison Director for the International Juniors Civitans, I have been a part of the decision making of the Adult and Juniors International Convention. The Juniors would have been celebrating the year of Champions of Service in Tampa, Florida June 22-26 th and the Adults July 24-29 in Milwaukee, Wisconsin, I have also attended several Junior District Conventions and Adult Area Meetings via Zoom.

Civitans are flexible and will celebrate 2020 Conventions via Zoom. This will be the best price ever for a Civitan to attend a convention. The registration is free! Visit the website, Facebook International Civitan Member page or if you have signed up for email notification you should received a registration. Sign up now. The Juniors will celebrate the year starting Monday June 22, Wednesday June 24 and June 26 th all at 5pm MST all by zoom. Monday and Wednesday will consist of meeting, workshops and installing their new International Officers. Saturday will be their largest fundraiser Dance A Thon, with Juniors dressing up for themed dances and a Prom at home time. Our Adult Civitans will celebrate their International Convention Thursday July 23, 5pm mst. With Opening Ceremony/ Business Session. Friday July 24 th 5pm mst. Philanthropy Session with Dr. Craig Powell, Saturday July 25 th our 1 st International Signature Service in your community! Its titled Beach Bash! Well, some of us don't have a beach but we know service. Find a service project that fits your community need. Our website has all kind of projects that may guide you and your club. Last but not least, Saturday evening, July 25th at 5pm mst, get your dress clothes on for a banquet meal at your home. Celebrate International Honor Key recipients and North American Awards, and Installation of our new Officers. The week of August 31-September 7 th you have a way to support our research center with joining a Walk and Roll fundraising team or golfing with three of your Civitan friends, family or make a donation to a team.

Please enjoy your summer and hopefully we can join up again to have fellowship, service and shaking a friend's hand.

May 2020-Junior Civitan Report

Junior Civitan District Convention

The Heart of the West Junior Civitan Virtual Convention was held on April 25th. The convention was attended by 23 juniors and 7 adults. The Zoom call was attended by 2 Junior Civitan international Board Members. They were Rachel Stripp from Burlington, Ontario, Canada and Ethan Jeffus from Minden, Louisiana. And gave us report on International.

Officers for 2020-2021 Heart of the West Junior District Officers are:

Governor- Ella Bunde, Pocatello Junior Civitan (ID)

Deputy Governor- Kaliey Petelo, Academy Junior Civitan (AZ)

Sec-Treasurer- Emma Keating, Pocatello Junior Civitan (ID)

PR Coordinator- Audrey Peterson, Highland Junior Civitan

Area 1 Lieutenant Governor – Junlian Abunales, Academy Junior Civitan (AZ)

Area 3 Lieutenant Governor – Emma Parrish, Highland Junior Civitan (ID)

Officers will begin their year on July 1st, 2020 - June 30th, 2021.

Installation of 2020-2021 Heart of the West Junior District Officers was done by Heart of the West Governor Lynda Wheeler.

International Junior Civitan Convention

In lieu of this year's international convention, Junior Civitan International is proud to host "Champions of Service: Celebration" – a virtual compilation of some of our favorite convention traditions. These events will be free of charge* and open to all Junior Civitan members!

More Information at <http://juniorcivitan.org/convention/convention-information/>

The Celebration | Monday, June 22 at 6:00 PM CST- Celebrating 2019-2020 year

Looking Ahead | Wednesday, June 24 at 6:00 PM CST- showcase incoming Governors and new raining

Dance-a-thon: Virtual Prom | Friday, June 26 at 6:00 PM CST- Dancers must still raise at least \$50 to participate.

Dance-a-thon update: Colton Powell is the Dance-a-thon Team Leader has raise \$525.00 so far. Still looking more donations toward the \$1500.00.

Bannock Civitan Club -\$250.00

Youth in action /shining stars dance competition -\$75.00

Phoenix Bird Civitan Club - \$50.00

Village Inc Phoenix AZ - \$50.00

Twisted Stitchers Civitan Club \$50.00

Wed May 6, 2020 will have Zoom Call with Meredith Brinkley, Junior Civitan International.

American Falls High School- #2172

Dues have not been sent to Civitan International for the American Falls Junior Civitan. The Advisor was emailed me about not being an International club and only paid District dues. I will continue to contact her. The Faculty Advisor is Emily Wright.



HEART OF THE WEST DISTRICT CONVENTION Aug 14-16

NAME _____

ADDRESS _____

CITY _____ STATE _____

ZIP _____ PHONE _____

EMAIL _____

CIVITAN CLUB _____

REGISTRATION FEE \$100.00 **After July 1 — STILL \$100**

This includes Saturday Convention Meetings plus Lunch and Banquet Dinner

Guests not attending Convention meetings and programs

Lunch fee \$35.00

Banquet \$45.00

IF THIS IS A CLUB REGISTRATION

PLEASE ATTACH A SEPARATE SHEET WITH ALL THEIR INFORMATION

Please return this form and checks made to the *Heart of the West Civitan District*

HOTW c/o Deborah Maddox

1572 east marconi avenue

Phoenix, Arizona 85022

HOTEL AND CONVENTION INFORMATION

EMBASSY SUITES HOTEL PHOENIX-SCOTTSDALE

4415 E. Paradise Village Parkway S. Phoenix, AZ 85032

ROOM RATES 90.00 + TAX PER ROOM FOR 2

ADD \$15 PER EXTRA PERSON IN ROOM

Rate is good till July 15,2020 or the block of rooms are gone

Please do this as soon as possible

THIS INCLUDES FULL BREAKFAST AND MANGERS HAPPY HOUR EVERY NIGHT

Thank you for confirming your Group block at Embassy Suites Hotel Phoenix-Scottsdale. The HiltonLink you requested is now ready for use. Simply copy and paste the URL below into your browser to access the exclusive rates available for this group:

Booking Link: [https://secure3.hilton.com/en_US/es/reservation/book.htm?](https://secure3.hilton.com/en_US/es/reservation/book.htm?inputMod-)

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FRIDAY EVENTS

BOARD MEETING 3:00-5:00 PM

RECEPTION AND TOUR AT CIVITAN VILLAGE

12635 N 42nd Street Phoenix 85032

Transportation will be provided

SATURDAY EVENTS

Club President remember to bring an item for raffle

We also need items for silent auction at banquet

REGISTRATION 7:30 am -8:45

GENERAL BUSINESS SESSION 9:00 am -11:45 am

LUNCH 12:00-1:30

AWARDS 1:30-3:00

Free Time 3:00-5:00

Dinner & Evening Program 5:00 - 10:00

SHOULD WE BECOME ONE??

You may have heard about the possibility of a merger between two great Civitan Districts: California and Heart of the West! Over the past year the California District has had difficulty finding members to step up and lead their District. They do not have any incoming District officers for the coming year.

Well, here is what we can report on so far:

- California had a meeting on June 6th to present the merger option to their members.
- Their members now have 60 days (until Aug 6th) to vote on this
- Linda Colley will be the lead person from the CA district
- A transition team has been formed to explore this possibility
- Teresa Wakeman will be the HOTW lead contact person
- Ann McCarty is the Region 8 Director and will also be actively involved with the meetings.
- Also on the committee: Both current Governors; Lynda Wheeler & Ron Leaf, the only Gov-Elect; Rocky Deschamps, and both Judge Advocates: Michael Smart and Larry Beaver.
- CA currently has 8 clubs in good standings plus 3 IDD or Special Needs Clubs, all together totaling about 120 members
- Linda Colley reported their district is financially stable.
- Ultimately International Board of Directors has to approve this

Going Forward

HOTW BOD has voted to explore the possibility of merging with CA if CA does so vote to join us.... That is merely the beginning steps of many things that still have to happen. Linda Colley was invited to join our next **HOTW Board meeting on June 23rd** to give us any updates. More discussion and information will be available at our Convention meetings and as we move forward.

New Project: Christmas in June (&July)

Gov. Lynda recently came across a project that she thinks all of our Civitan Clubs could participate in. It is making Christmas cards to send to our US troops that are deployed in the Middle East... Kuwait, Afghanistan & Syria.

The cards aren't FOR the soldiers. Our soldiers can't purchase cards from the Middle East to send back to their loved ones. So this project is to make cards for them that they are going to send back home to their friends and family.

We would do this through "Any Soldier Program." The cards should be size A2 (4.5 x 5.5 inches) with envelopes. No glitter is allowed, but twine, small ribbons and foil paper is fine.

Cards are sent to: Making Cards For Our Troops

3123 Riva Road, Unit #74

Riva MD 21140

They have to be in MD by November 1, so they arrive in time for service members to send them back home for the holidays. Reach out to cardsfortroops2398@gmail.com for more info.



Civitan International Presents International Service Day

Project: Civitan Beach Bash

A Civitan Beach Bash is a customizable beach-themed party or event thrown by Civitans for individuals supported by local long-term care or residential facilities. Like many of us, elderly, medically fragile, or individuals with intellectual and developmental disabilities won't be able to vacation this year, so we are bringing the beach to them with this Beach Bash project toolkit!

[Click here to learn more about hosting a Civitan Beach Bash!](#)

Don't worry, if throwing a party isn't an option for your club or your partner agency, then there are other ways to help make this summer special. You could deliver beach-themed gift bags, snacks and decorations or collect supplies needed by the agency. This toolkit will walk you through choosing and customizing the best option for your club and the agency you choose to support.

The Civitan Beach Bash toolkit available on the Civitan website has everything you need to get started! Here are a few more resources to help get you and your club going.

[Video](#) of Emily Wright, president of the Palmetto Civitan Club, shares her excitement for hosting a Civitan Beach Bash.

[Civitan Beach Bash Overview](#) available on the Civitan website - Don't miss the comprehensive guide that includes safety guidelines, a helpful budget template, and shopping lists.

[Click here to visit the full toolkit.](#)

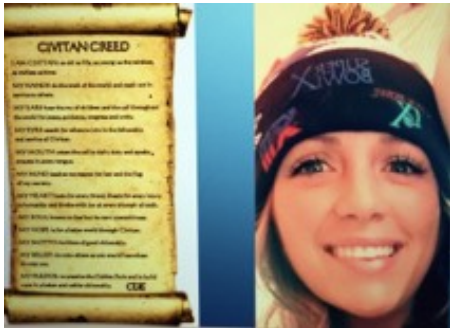
Come get the answers to your questions! Join us during one of three different time slots to ask questions to Civitan International staff about the Civitan Beach Bash. Not sure where to find something in the toolkit or concerned about what your club can do to support a project?

If you were unable to attend the live sessions, a follow-up FAQ will be provided after. If you have any questions or need help developing a Beach Bash project, please email growth@civitan.org.

Area 5 & 6 (AKA District Wide Area) Zoom Meeting

HOTW had a record breaking District Wide Area meeting on May 9th, 2020. It was suppose to be Area 5 & 6 but since it was a Zoom meeting, we decided to open it up to the entire district. It was a huge success... we had 60 members signing in and representing all but 2 of our 16 clubs!

Rocky Deschamps put together a great slide presentation to follow along and our area Directors, DeAnn Wilson and Roger Smart, did a wonderful job setting up the meeting.



Ann McCarty led the Pledge and Shelby Boyer led us in the Civitan Creed.

Rocky went over the area that our district covers with this map and also the clubs in each area.

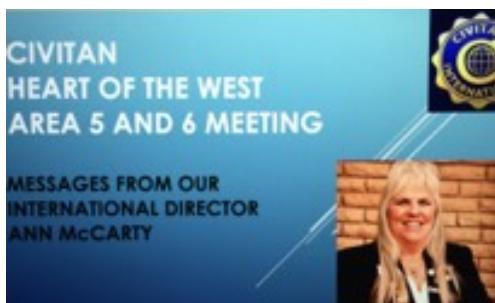
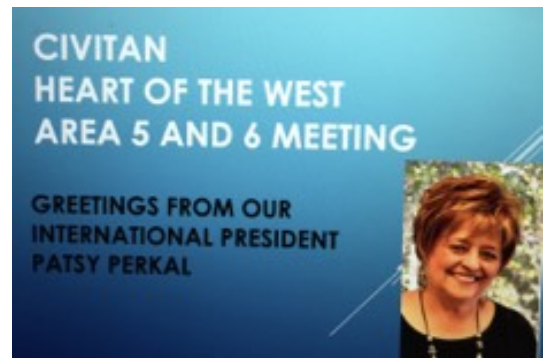


DeAnn got things running when she sent us all out on a little hunt to find **THREE ITEMS** that we would want with us on a deserted island! We had three minutes to gather items and bring them back to our video camera... some people had very good, and clever answers but DeAnn wanted to bring with her “all her Civitan’s” ... both very touching and by far her game for a reason! Well done DeAnn!



Next up we heard from the newly elected Jr. Civitan HOTW Governor. Congratulations El- la Bunde.

International President Patsy Perkal had a very inspiring message for us.



Ann McCarty gave us an update on International happenings and Lynda Wheeler let us know what was going on around the HOTW District.

Our Final guest speaker was our very own Hearts & Hands Charter Member Cody Parmer. Cody told us “His Story” and about the book he wrote. He is amazing and if you ever get the chance, look into reading his book.



Finally Lynda closed us out with the drawings ... Everyone that was on the Zoom call had their name entered on the “Wheel of Names”



Congratulations to all the winners!!

There were four \$25 winners:

Gretta Chambers - Butte County Civitan Club

Rocky Deschamps - Civitan Club of Idaho Falls

John McAfee - Civitan Club of Idaho Falls

Nate Matlack - Civitan Club of Idaho Falls

And the Grand Prize \$50 gift card winner:

Robert Diedrich - Friends Civitan Club



****Please note: all of the names of the participants may not currently appear on the Wheel of Names... (some have been removed to protect the innocent!)**

*****More fun & games coming up at the District Convention!! Hope to see you all there... but if you can't join us, we are working on setting up Zoom calls for the Convention meetings and award ceremonies also. More information on this as we get closer. *****



International Convention Goes Virtual

Civitan International will hold the 2020 Virtual Convention on July 23-25, 2020. This event is open to all Civitans to attend free of charge. The event will include a modified Opening Ceremony combined with the Business Session, a Philanthropy Session, an International Signature Service Project, and conclude with a Celebration of Champions where we will honor International Honor Keys and North American Awards. President Perkal will address membership through a special thank-you on Saturday evening and we will install President-Elect Frank Kelley.

Philanthropy Session with Dr. Craig Powell | Friday, July 24th at 6:00 PM CST

Our philanthropy session is one of the favorites of convention. This year's virtual session will include a special treat from the Civitan International Research Center, a Q and A with Dr. Craig Powell, Director of the Civitan International Research Center, and the recognition of several philanthropic accomplishments including Fellows awards and the Candy Box program's HOPE award.

Civitan Fest transitions to Walk and Roll for Research

As much as we would love to play Plinko and giant Jenga on Zoom, carrying out a virtual Civitan Fest would be a bit tricky. This year, Civitan Fest will adapt in order to connect with membership and raise support for our flagship project. Save the date for August 31st – September 7th for Civitan Fest: Walk & Roll for Research!

Playing on a former Junior Civitan event, Walk & Roll for Research will invite Civitans from across the world to select a day during this designated week (8/31-9/7) to sport their favorite Civitan gear and walk or ride for certain period of time. We encourage clubs to come together to form a team and execute this event on a club level. This would be a unique opportunity to invite potential members to join in the fun and learn more about your club. You can register online at the convention site at www.civitanl.org/convention

Break-thru Golf Tournament

Current and future registrants will take their golf game to their local, favorite course any-time during the week of August 31st through September 7th. Ground rules will be established for play, scores will be reported back to International, and fundraising totals will be taken into account to determine awards/recognitions. Each golfer will be sent a player pack prior to the week of play and will also continue to raise money on their individual webpages and through efforts like one-on-one asks. A virtual awards session/wrap up party will be held Tuesday, September 22nd for this event.

To Register for Convention and see other highlights, go to
www.civitan.org/convention

Face Masks for Civitan Sparks Clinics

Civitan-Sparks Clinics are a part of the Civitan International Research Center. The Civitan-Sparks Clinics is in need of masks for the children being seen at the clinic and their families. Any cloth masks sized for children (over the age of 2) and adults are needed. Donations of bandanas or other face coverings, like no-sew t-shirt masks, are also being accepted. This is a good project that can be done during this unusual time when many clubs are still unable to meet as a group. Directions for these face masks can be found at www.civitan.org/facemask

Around the District

Twisted Stitchers stayed busy making Microwave Pot Holders in March, Personal Hygiene bags with toiletries in April, crocheted or knitted Cancer Ribbons in April and May. They held ZOOM meetings and had a virtual election.

Cresta Loma and Roadrunner Civitan had to reschedule their 30th and Final Golf Tournament. It has been held on the last Saturday in April for 29 years, but COVID19 derailed those plans for this year. It has been rescheduled for January 2, 2021. Carl Mangelsdorf has done the organization for this successful event for all these years and both clubs thank him for his innumerable hours of work every year to raise money for the CIRC!

Bannock Civitan held their first in-person meeting with Social Distancing on June 17, after having ZOOM meetings. Camp Taylor campout was cancelled but a virtual version was created with campout gift packages which were delivered to the individuals that usually participate! They were able to visit with each other, enjoy snacks and treats and play some fun games of Bingo!

Bannock's big project, Revive @ 5, is going to resume on July 1.

Many committees continue to meet, planning for the resumption of normal activities serving the community.

Roadrunner Civitan members worked on Linus blankets during stay-at-home orders. 20 blankets have been completed and delivered; a few more are still in completion. Elections were completed via e-mail balloting.

NEWS FROM VILLAGE CIVITAN CLUB

Since Village Civitans are mostly all back at Civitan Foundation for their Day Programs, it was decided that they could resume with their Civitan meetings. Village Civitans had their first return meeting on June 11th and opened up by adding FOUR new members!!

Would you also all join Gov. Lynda and CONGRATULATE the Village Civitan Club... while we were all practicing social distancing, the VILLAGE CIVITAN CLUB celebrated their FIRST YEAR ANNIVERSARY on May 2, 2020. They chartered as a Golden Circle Club with 32 members and on their anniversary date they had 33 members... so they will be receiving a GOLDEN CIRCLE ANNIVERSARY AWARD check from Civitan

International for \$350.00!! The members were all very excited about their achievements!

Finally, there have been some administrative changes both at the Foundation and at the club. Please welcome Stefania Munari as the club's new Administrative Liaison! Stefania has been a member of the club and will do amazing at her new position.

** We are working on getting as many of their members as possible to the HOTW Convention.**

METRO CIVITAN CLUB realizes that many of your club fundraisers had to be cancelled this year due to COVID-19. Many things have changed BUT football will still be happening... and with football comes MONDAY NIGHT and THURSDAY NIGHT FOOTBALL GAMES!! So Metro will once again be holding their annual games of chance and selling both the MNF and TNF books. The Metro Civitan Club has always made the books available for other clubs to sell as a fundraiser. We would like to extend that opportunity to everyone, all of our fellow Civitan Clubs, again this year. Please let us know as soon as possible if your club would like to participate this year so we can have the anticipated extra number of books printed. Thank you from all of us at Metro Civitan Club. If you don't want to sell any books, please consider purchasing some to help support your fellow Civitan's!

**Please contact Lynda Wheeler to order your books or for more information on the fundraiser... lyndajwheeler@me.com

Phil Schlesinger Civitans (P.S.) have not had any meetings. They did have elections for their Board for 20-21 through e-mail and phone.

Heart of the West District Board

Lynda Wheeler Governor 602-695-1613 lyndajwheeler@me.com

Rocky Deschamps Governor-Elect Club Builder - North 208-313-2099 cell rockyidaho@yahoo.com

Virginia McAfee Past Governor 208-589-3223 cell virgmcafee@gmail.com

Don Bergen Elected Past Governor Director 928-728-8604 cell 928-680-0052 home bergenlh@gmail.com

John Maddox Treasurer 602-318-8895 cell 602-862-1216 home maddoxj@cox.net

Jennifer Dillon Secretary 480-251-4050 cell mrsjennifer.dillon@gmail.com

Lyn Barefoot Area 1 Director 520-519-5158 lynbarefoot@cox.net

Andy Wheeler Area 2 Director Club Builder - South 602-620-6146 awheeler5031@gmail.com

Mike Ryder Area 4 Director 702-513-2778 mikaryder@msn.com

DeAnn Wilson Area 5 Director 208-251-4736 dennys.deann@gmail.com

Roger Smart Area 6 Director 208-716-2717 cell 208-523-3746 home smart536@msn.com

Michael Smart Judge Advocate 208-881-2681 michael.smart@bbsihq.com

Deborah Maddox Philanthropy, Meeting Planner, Fruit Cake 602-750-7094 cell 602-862-1216 home maddoxdc@cox.net

Ann McCarty Region 8 Director Candy/Coin Box Chair - North 208-244-1402 Johnson4855@gmail.com

Teresa Wakeman Awards Chair District Trainer Junior Civ. Chair- North 208-251-2773 cell 208-236-7373 work civitanteresa08@cableone.net teresaw@bannockcounty.com

Kristina Ehrle Candy/Coin Box Chair - South 602-752-0818 kehrle@camcivitan.org

April Hansen Club Retention & Growth - North 208-241-0525 april.hansen@pocsimplotcu.com

Sharon Hessoun District Newsletter 330-730-8124 shessoun@gmail.com

Shayne Spude Web Master 520-404-7641 ebaycat4@gmail.com

Lauren Wheeler Club Retention & Growth - South 602-799-9823 lauren@fullcirclefitnessllc.com

Max McQueen Chaplin 602-793-3325 cell 602-943-4789 work maxm@luraturnerhomes.org

Jolene Barrett-Stephens Campus Club 208-317-5856 cell barnjole@isu.edu

John Whitby Junior Civ. Chair-South 520-850-3439 jwhitby@cox.net

Ella Bunde Junior Governor 208-251-8111 ekbunde@gmail.com

Send info to Sharon Hessoun or Shayne Spude by 3/1, 6/1, 9/1